



### **Health Insurances:**

Don't forget: You get one month free through AKC so you may begin your policy after that is fulfilled. Some places offer first month free.

1. Spot Pet Insurance
2. Pet's Best
3. Healthy Paws
4. Trupanion
5. AKC Pet Insurance

For pet emergencies only, PAWP is great!

### **Dog food options:**

This is not an extensive list but a great start!

**Raw Diets** - raw diets MUST be complete. Please discuss this with me prior to feeding a raw diet so we can ensure your puppy is getting the best nutrition.

1. Solutions/Answers (Answers can be bought at the store, Solutions is bought online) - solutionspetproducts.com
2. BJs Raw Pet - [bjsrawpetfood.com](http://bjsrawpetfood.com)
3. Oma's Pride - [omaspride.com](http://omaspride.com)

**Air Dried Diets** (some places also sell freeze dried foods which are good as well, but very expensive and not economical for a large dog)

1. Ziwi Peak - can be bought online or at some stores like Hollywood Feed
2. Balancediet - [balancediet.com](http://balancediet.com)
3. Open Farm - [openfarmpet.com](http://openfarmpet.com)
4. Carna4 - [carna4.com](http://carna4.com)

### **Kibble**

1. Open Farm - [openfarmpet.com](http://openfarmpet.com)
2. Farmina - [farmina.com](http://farmina.com)
3. Freeze Dried Kibble The Simple Food Project - [simplefoodproject.co](http://simplefoodproject.co)

Please stay away from those designer foods, store brand foods and popular store bought raw. Many diets are not balanced. Designer/boutique foods include The Farmers Dog, Spot and Tango, The Honest Kitchen, etc. Please stay away from unbalanced dog foods such as Blue Ridge Beef, Primal etc. These are great for supplementation but not daily feeding.

The foods above have been tried by me and others I trust. They are balanced, high quality and a great start for any puppy.